

## What is your why?

What is your why? What is the reason as to why you do what you do? God has wired you to care about the things you care about to specifically come to a resolution of that which is in your heart. Everyday is one big 'why'. Why do we work? Why do we go where we go? Why does certain things bother us? We are all purposed for something. Whether you would like to believe that or not, there is a reason as to why you are here. Some may have been fortunate enough to have their 'why' already revealed to them. However, for those still searching, we can change that. We have to come to the conclusion of wanting to get to the root of our why.

Everything has a root or source. There is a source to all that you do, say, and think. Nowadays, most motivational speakers will say "that in order to be successful and fulfilled, you need to know your *why*". It is the reason of why you do what you do. The '*why*' will continue to motivate you till the end or completion of a thing. As easy as it may sound, when it is time to answer the question, you may say "I don't know". Well what do you know? That's why the easiest way to get to the root of your why is to ask questions about it.

Questions to ask about my why:

- 1. Why is it important to have a 'why'?
- 2. Do you believe you have a purpose? Why or why not?
- 3. Do you know what that purpose is?
- 4. Why not leave your 'why' or purpose for someone else to worry about?
- 5. What do you want?
- 6. What is the source of your strength?
- 7. What do you care about?
- **8.** Why do you care about what you care about? (Think deeper beyond materiality, if you care about something that is shallow or vain, question yourself on why is that)
- 9. What drives you to do what you do?
- 10. Why don't you know your 'why' by now?
- 11. Does the bible support you knowing your 'why'? (If so, find scripture to support this)
- 12. Why do you think God doesn't tell us our purpose immediately after birth?
- 13. Is your 'why' predicated on people?
- 14. What can I do that no one else can do like me?



## Things to consider:

- Martin Luther King Jr's was known and purposed to bring justice and an end to segregation laws. He was known for his American civil rights movement, which worked for equal rights for all. WHY did he do all this? Because he believed all men were created equally.
- Mother theresa is known as a Roman Catholic nun who devoted her life to serving the
  poor and destitute around the world. She was purposed to bring aid to the widespread
  of poverty in the world. This led her to begin "The Missionaries of Charity" to help
  those who couldn't help themselves. WHY did she do this? Because she felt that
  serving others was a fundamental principle of the teachings of Jesus Christ.
- Albert Einstein, a theoretical physicist, developed the theory of relativity, one of the two
  pillars of modern physics. He was purposed to learn and teach physics. He regarded
  his major achievements as mere stepping-stones for the next advance. WHY did he feel
  this way? Because he always appeared to have a clear view of the problems of
  physics and the determination to solve them. He had a strategy of his own and was
  able to visualize the main stages on the way to his goal.

Your 'why' sometimes can be a solution to a problem, a community, an experience, a relief effort, small acts of service, tied to your career, a mission, etc. God finds pleasure in His creations doing what they were designed to do. Remember, It's not only what you do, but why you do it. (Matt 5:13-16)