



365 DAYS OF PURPOSE

Questionnaire

Greetings Guys!

I am so excited that you decided to make a change into next year. Read all the questions below and really think and analyze yourself, your goals and your visions. Even if you don't know all the answers, claim that this year you will get to the root of your issues and pull out any old or dead weeds in your life. Therefore, leaving room for something beautiful to bloom.

Now let's get started!

“Time to begin our purposeful planning”



And the LORD answered me: "Write the vision; make it plain on tablets, so he may run who reads it." Habakkuk 2:2

Name: _____

Self-Evaluation

1. What did I learn this year?

2. What did I love about this year?

3. When faced with stress how do you react?

- | | |
|---|---------------------------------------|
| <input type="checkbox"/> I feel anxious | <input type="checkbox"/> I need space |
| <input type="checkbox"/> I can't seem to experience positive feelings | <input type="checkbox"/> I overreact |
| <input type="checkbox"/> I deal with stress moderately well | |

4. What makes me happy from the smallest to the biggest things?

5. What ONE word do you believe best describes you? _____

6. What tendencies that you have that posed an issue this year that you don't want to repeat next year?

7. In your thought process do you find yourself living in

- the Moment the Past the Future

8. What do you believe is your love language?

- Words of affirmation Quality time
 Acts of kindness Gift giving
 Physical touch

9. How was your spiritual season this year? What do you believe God was teaching or showing you? Have you figured it out? Are you still looking for clarity?

10. In the simplest term what do you hope for next year?

Vision

Use the chart below to list your gifts and passions

Gifts	Passions

1. What makes me angry in "my world" today? (An anger where I can offer a solution. For example: homelessness) _____

2. What occupies my thoughts? _____

3. What occupies my time in a negative way?

4. Why do I get up every day? _____

5. What is it that I want out of life? _____

6. What change within myself and around me do I hope for?

7. What can you do that you believe you can do better than anyone else? _____

8. What has stopped me in the past from bringing an idea into fruition?

10. What is your idea of success? _____

11. What does purpose mean to you? _____

Short Response

1. Use the box below to give constructive criticism to yourself what is it that you need to work on, change, enhance, or stop?

2. Use the box below to write to yourself what you like about yourself tell him/her what you think of them

3. If you were to die what would people say about you?

4. How will next year be different?

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Goals

List your short term goals (this can be reached next year)

List your long term goals (this can be in preparation for coming years)

Personal Spiritual Goals

Personal Family Goals

Personal Health Goals

Personal Academic Goals

Personal Career Goals

Personal Relationship Goals

Personal Financial Goals

Personal Investment Goals

Use the space below to write a letter to yourself for next year. Use the information you have gathered. Encourage and speak firmly to yourself about your goals, your wants, and what you hope for the coming year.